



# State of Utah

## Therapeutic Recreation Technician

### Examination Handbook

#### FREQUENTLY ASKED QUESTIONS

1. **HOW DO I REGISTER TO TEST?** To register and schedule for testing, go to:  
<https://www.provexam.com/register>.  
  
 You may also call us toll-free at 877-228-3926.  
[Click here](#) for more information about registering.
2. **WHERE CAN I TEST?** You may test at any one of Prov’s testing centers. [Click here](#) for a current list and directions to each of our Utah testing centers.
3. **HOW MUCH DOES IT COST?** The Therapeutic Recreation Technician examination costs **\$75**. This fee is the same whether you are testing for the first time or are retaking an exam.
4. **WHEN DO I GET MY TEST RESULTS?** The results from your theory exam will be provided to you at the exam site.
5. **WHAT IS ON THE TEST?** [Click here](#) for information about the available examinations.

#### MORE QUESTIONS

Please read through this handbook completely for answers to your questions. If you still have unanswered questions, you may contact us at the following:

For Licensing Questions -  
**UT DOPL**  
 160 E 300 S, 4<sup>th</sup> Floor  
 Salt Lake City, UT 84114  
 Ph: (801) 530-6628  
 (866) 275-3675 toll-free in UT  
<https://dopl.utah.gov/rec/>  
 Hours: 8 a.m. to 5 p.m.

For Testing Questions -  
**Prov**  
 200 W Civic Center Drive,  
 Suite 160  
 Sandy, Utah 84070  
 Phone: (877) 228-3926  
[www.provexam.com](http://www.provexam.com)  
 Hours: 6 a.m. to 10 p.m.

The Division has contracted with Prov, Inc. to administer the **Therapeutic Recreation Technician Theory** examination.

The purpose of this handbook is to provide you information about taking your licensing examination with the State of Utah.

#### EXAMINATION CATEGORIES & COST

The Therapeutic Recreation Technician Theory examination costs **\$75**. The fee is the same whether you are testing for the first time or if you are retaking the exam. (pricing effective May 16, 2022)

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#### GENERAL TESTING INFORMATION

### TESTING WITH PROV

Your Therapeutic Recreation Technician Theory exam will be administered by computer at one of Prov's testing centers. Prov's testing system is easy to use and requires no specific computer experience to take the test.

The following link will take you to a short video that demonstrates Prov's testing system:

<https://youtu.be/h3T9svnldLY>.

### WHERE TO TAKE YOUR EXAM IN UTAH

The **Therapeutic Recreation Technician Theory** examination is delivered by computer and is available at **eighteen (18) testing centers** located from Logan to St. George. Or, you can choose to take your examination at home using Prov's **Examroom®** service.

### HOW TO REGISTER ONLINE

- To schedule online, navigate to the following URL:  
<https://www.provexam.com/register>
- Use the Dropdown menu under "Select Certifying Body", and select:

#### UT Health Care

- Under "Select a License/certificate", choose the license (and language) you are seeking (**choose one of the following**):
  - Therapeutic Recreation Technician**

Then press

**NEXT**

- Enter your information **exactly** as it appears on your government issued ID.
  - Name (**First, Middle and Last**)
  - Social Security number
  - Street address
  - City, State, Postal Code
  - Email Address
  - Telephone Number

Then select the button **SAVE CHANGES**

- Select a Date, Time, Location for each exam by selecting the link labeled:



**Find suitable time and venue**

- Prov's scheduling system will search for the closest testing centers to the address you entered. Select the **SCHEDULE** hyperlink to check the calendar for a specific testing center.
- Select a test **date** and **time** from the calendar that matches your schedule. Confirm your selected date and time, and select **Add to Cart**.
- Proceed to payment. Please enter your form of electronic payment (e.g. MasterCard, Visa, AMEX). If you have provided an email address, the invoice for your exam payment will be automatically emailed to you. This invoice will include information regarding your scheduled date/time.

If you have any problems with online scheduling, give us a call at (877) 228-3926.

### SCHEDULING BY PHONE

To schedule for an examination by phone, candidates should contact Prov toll free at (877) 228-3926. Prov scheduling staff is available 6:00 a.m. through 10:00 p.m. MT, Monday through Friday.

Candidates should be prepared to provide the Prov scheduling staff with their full name (first, middle, last), social security number and their address. Once registered in the database, Prov staff will search for the next available testing session at the candidate's preferred testing location and will provide candidates with any alternate locations that may be in close proximity to their address. Once candidates are scheduled, Prov staff will email a confirmation.

### CANCEL/RESCHEDULING POLICY

If you need to change or cancel your testing appointment, you must contact Prov at least **three (3) business days** prior to your scheduled test date. Rescheduling is free if Prov is notified by the deadline.

If you fail to appear for their test or fail to cancel or reschedule your testing session by the close of business three days prior to their scheduled test date, you will forfeit your exam fees.

**PREPARING FOR YOUR EXAM**

The licensing examination that you will take has been designed to test your knowledge of the various Utah Laws and Ethics regulations governing the practice of Therapeutic Recreation Technicians.

Prov recommends that you prepare for your exam by familiarizing yourself with the subject areas listed in each exam description. Additionally, familiarize yourself with the reference materials that are allowed during the examination. The more time you spend outside of the testing room studying, the less time you will need to spend in the testing room trying to location information. You are encouraged to prepare your test materials by highlighting text or placing permanent tabs on important pages.

**THEORY EXAM DESCRIPTION**

**UT Therapeutic Recreation Technician Theory Examination**

<b>Number of Questions</b>	<b>100</b>
<b>Time allowed (hours)</b>	<b>3</b>
<b>Subject Area</b>	<b># Quest.</b>
Characteristics of Illness and Disability and Their Effects on Leisure	13
Client Assessment Procedures	11
Conceptualization and Planning of Therapeutic Recreation Programming	15
Ethics	11
Health and Safety	4
Medical and Psychiatric Terminology	10
Records and Documentation	12
Role and Function of Other Health and Human Service Professionals	4
Rules and Laws	8
Theories and Concepts of RT	12

**References**

The following reference material is for REFERENCE ONLY and is NOT allowed to be used during the examination:

- Division of Occupational and Professional Licensing Act, Utah Code Title 58, Chapter 1, 58-1. Utah DOPL, 160 E 300 S, Salt Lake City, UT 84114, Salt Lake City, UT 84114.
- Utah Recreational Therapy Practice Act - Utah Annotated Code Title 58, Chapter 40. Utah Division of Occupational and Professional Licensing, PO Box 146741, Salt Lake City, UT 84114.

- Recreational Therapy Practice Act Rules - Utah Administrative Code R156-40. Utah Division of Occupational and Professional Licensing, PO Box 146741, Salt Lake City, UT 84114.
- Residents Rights Form 3126R, 2016. Briggs Corporation.
- American Therapeutic Recreation Association (ATRA) Code of Ethics. American Therapeutic Recreation Association (ATRA).
- Therapeutic Recreation: A Practical Approach, Marcia Jean Carter and Glen E. Van Andel, 4th Edition (2011), 4th. Waveland Press Inc..
- Therapeutic Recreation: Processes and Techniques, David R. Austin, 7th Edition (2013), 7th. Sagamore Publishing.
- Therapeutic Recreation Program Design - Principles and Procedures, Norma J. Stumbo, Carol Ann Peterson, 2009, 5th Edition, 5th. ISBN: 0-321-54188-X. Pearson, 501 Boylston Street, Suite 900, Boston, MA 02116.

**TEST DAY RULES AND PROCEDURES**

**Check-in Deadline**

The doors to each testing center will open at least 15 minutes before all scheduled testing appointments in order to check candidates into the testing center. You should plan to arrive early to make sure you are seated by the time the testing begins. If you arrive late, AND the testing session has already begun, YOU WILL BE TURNED AWAY, will forfeit your exam fees, and will be required to reschedule for a future testing date.

**Proof of Identity**

Upon arriving at the testing center, you will be required to show government-issued, photo identification. The photo ID must be current and valid. Additionally, the name on your ID **must match exactly** with the name you provided to Prov at time of scheduling. Please make any corrections to your name prior to your scheduled testing appointment.

Forms of valid photo-bearing ID are a driver’s license card, passport, military ID, or permanent resident card. A temporary Utah Driver’s License (paper copy) by itself is not sufficient proof of identity. If you currently have a temporary driver’s license, you will ALSO need to bring in your recently EXPIRED original driver’s license. Together your new temporary driver’s license and your expired original license can be used to verify your identity. If you only have the temporary copy or the expired license, you will be refused entry. You will also be required to sign a test center log and will be photographed by the test center staff. If you cannot produce a valid government-issued photo ID,

refuse to participate in signing the test center log, or refuse to be photographed, you will be dismissed from the testing center and forfeit all testing fees for that testing session. If you do not have a photo ID, you may still present a valid State driver's license without a photo or a State ID card without a photo that is issued by the DMV.

You will be refused to test by the testing center staff if:

- your name on the testing roster and name on ID do not match exactly
- you do not produce a valid government-issued photo ID
- you refuse to sign the test center log
- you refuse to be photographed

If refused at the testing center, you will be dismissed and forfeit all testing fees for that testing session.

### Prohibited Items

No cameras, recorders, cell phones, computers, pagers, tablet computers, music players, smart watches, radios, electronic games, or any other electronic devices are allowed in the testing room. Talking and smoking are not allowed in the testing room.

Additionally, other personal items such as purses, notebooks, un-authorized references or study materials, briefcases, backpacks, wallets, pens, pencils, other writing devices, food or any other items should be placed in secure storage at the testing facility.

For exam security you may also be **asked to remove** articles of clothing that may pose a security risk such as the following:

- Bulky clothing, scarves, hoodies, shawls, vests, jackets, coats, and so forth.
- Hats or headgear not associated with religious reasons.
- Any other clothing or device that may be interpreted as having the potential to compromise the testing process.

We ask that you leave all unauthorized materials in your car or vehicle. If you are caught using unauthorized materials during testing, these materials will be confiscated, your testing will be terminated with fees forfeited, and the Division will be notified of your dismissal from the exam.

### Visitor Policy

No one other than the candidate will be allowed in the testing room. Non-testing visitors are NOT permitted to wait in the lobby while candidates test.

### Unethical Conduct Policy

Any individual caught giving or receiving assistance during or after the examination or caught using unauthorized materials during the examination will be reported directly to the Department. Those caught in the act of cheating will be dismissed from the examination and their testing results will be frozen. Furthermore, the candidate will forfeit the examination fees paid. Finally, anyone caught with test questions in their possession, either during or following the examination will be prosecuted by Prov for theft of copyrighted testing materials.

If you violate any of these procedures during testing, your test will be stopped, your test be graded as failed, you will forfeit your testing fees, and you will be reported to your licensing board, which typically ends in a 12-month testing moratorium.

### RESULTS REPORTING

Upon completion of an examination, your test will be scored, and you will be provided with a score result while at the testing center. The required cut-score for your examination is **70%**.

### RETESTING POLICY

You are permitted to retake a failed examination without any waiting period. However, if you are unsuccessful in passing the examination after **three (3)** failed attempts, you must repeat the coursework before taking the examination again.

### PROV'S NON-DISCRIMINATION STATEMENT

Prov provides equal access to its exams and testing programs for all eligible persons. Although individual jurisdictions that Prov represents are wholly responsible for determining eligibility of candidates, it is the policy of Prov to maintain an environment free of discrimination and to prohibit discrimination and harassment against any person on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and veteran, marital or family status.

Harassment of Prov program participants, proctors, staff or candidates will not be tolerated. If candidates wish to express concerns about discrimination, they should contact Prov at 877-228-3926 or write to: Prov, Inc., 150 W Civic Center Dr, Suite 601, Sandy, Utah 84070.

### SPECIAL ACCOMMODATIONS

Prov complies with the Americans with Disabilities Act (ADA) in providing special accommodations for candidates that require additional assistance during the testing process. If candidates feel that they qualify for a special accommodation during testing, they should contact Prov at (877) 228-3926. Prov will require written documentation from a licensed physician or psychologist documenting the disability and further require a request describing the requested remedy. Prov will then work directly with the candidates to make the accommodations they will need in order to complete their examination.

### THEORY EXAM TEST SITE AVAILABILITY

You may take your examination at any one of Prov's testing centers located from Logan to St. George. But you can also take your theory examination at home using Prov's Examroom® service.

### What is Examroom?

Examroom is a remote test monitoring service that allows you to take your test on your own computer at your home. You schedule the test the same way you would an in-person testing site; by selecting your preferred test date and time. Then, on test day, you log into the Examroom website and request to start your exam. A test proctor will greet you over your computer, will verify your identity, take your picture, and then watch you throughout the testing process.

How to decide whether to use Examroom? **Not every computer system is capable of taking a test on Examroom.** The following are the **MINIMUM** requirements that your computer system would need to meet in order to qualify to take your test using the Examroom service:

- Operating system on computer needs to be recent (less than 3-4 years old)
- Works on a MAC, PC, or Chromebook
- Need either a Chrome or Firefox browser (Chrome works best)

- Need a functioning computer web-camera and microphone
- Need a good consistent Internet connection capable of **uploading** files in excess of 3 Mbps

Please use the following link to do a system check **before you schedule** your exam to make sure your computer system will allow you to take a test using this system: <https://examroom.ai/systemtest/>

When prompted "Permission to access camera and microphone", you must click "Allow".

Note, you are permitted to use only one monitor/screen during your remote exam.

If your system does not allow you to test at home, don't worry, we have some great testing locations that are not too far away.

Remote testing is offered as a convenience to you to help you take your test without having to travel. However, by choosing to test remotely, you are agreeing to abide by the following conditions:

1. You will need to be in a quiet, distraction free environment.
2. You need to be sitting at a table, desk, or counter.
3. Your table or desk needs to be completely clear of anything you are not permitted to use during testing; no papers, notes, non-testing books, practice exams, water bottles, drinks, food, etc.
4. All non-testing electronic equipment needs to be removed from the room; 2<sup>nd</sup> monitors, calculators, additional cell phones, etc.
5. Your area under your table, desk, or chair needs to be clear of everything; blankets, pillows, papers, backpacks, boxes, etc.
6. Your work area needs to be obstruction free so that we can see you, your arms and hands, throughout the entire testing process.
7. You are not permitted to have anyone in the room with you, nor can you receive any aid from anyone during the test.

8. You are not permitted to access any other website during testing unless directed by the system to do so.
9. If requested to download a special extension on your computer, you will not tamper with the extension or try to disable it while testing.

If you are unable to have a testing environment that meets these conditions, we may deny you the ability to test remotely, and we will reschedule you at one of our in-person testing center.

**Fixe Testing Locations**

The following are the existing testing sites within Utah and days each site is available to give you your exam. Note that sites may change as needed. Please refer to the current online scheduling system to find available testing times for each location.

The sites show are fixed locations where you make take your **Theory** exam. The asterisk (\*) on the chart shows which days of the week the tests are available for scheduling.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Logan – BTC	*	*	*	*		
Logan – USU			*			
Ogden – OWTC	*	*	*	*	*	
Ogden – WSU	*	*	*	*	*	
Salt Lake City – SLC/SC			*	*	*	
Salt Lake City – SLCC/RC				*		
Salt Lake City – SLCC/WP			*			
West Jordan – SLCC/WJC		*				
West Valley – SLCC/WVC	*					
Sandy – SLCC/MC	*	*	*	*	*	
Vernal - USUV	*	*	*	*	*	*
Orem – UVU				*		
Price – USU	*	*	*	*		
Ephraim – USUEC	*	*	*	*	*	*
Richfield – SC/R	*	*	*	*	*	*
Blanding – USU					*	*
Cedar City – SUU	*	*	*	*	*	*
St. George - DSU	*	*	*	*	*	

**FIXED TEST SITE LOCATIONS**

**Northern Utah**

1. **Bridgerland Technical College - Logan**  
Assessment Center  
1301 N 600 W  
Logan, UT 84321
2. **Utah State University - Logan**  
Career Services Testing  
University Inn 115  
Logan, UT 84322
3. **Ogden - Weber Technology College - Ogden**  
Business & Information Technology (3BT)  
200 N Washington Blvd,  
Ogden, UT 84404
4. **Weber State University - Ogden**  
Testing Services  
3885 West Campus Drive, SSC #262  
Ogden, UT 84408
5. **Salt Lake City Community College - South**  
South City Testing Services  
1575 State St, Room 2-187  
Salt Lake City, UT 84115
6. **Salt Lake Community College - West Jordan**  
3491 W. Wights Fort Road,  
Jordan Health Science, Rm 054  
West Jordan, UT 84088
7. **Salt Lake Community College - Westpointe**  
Testing Services  
2150 West Dauntless Avenue, Room 213  
Salt Lake City, UT 84116
8. **Salt Lake Community College - West Valley**  
Testing Services  
3460 South 5600 West, Suite 120  
West Valley City, UT 84120
9. **Salt Lake Community College - Redwood**  
Testing Services  
4600 South Redwood Road  
Taylorsville, UT 84130

10. **Salt Lake Community College - Miller Campus**  
9750 South 300 West, MFEC, Room 238  
Sandy, UT 84070
11. **Utah State University - Uintah Basin -Vernal**  
Testing Services  
320 North Aggie Blvd.  
Vernal, UT 84078
12. **Utah Valley University - Orem**  
UVU Testing Services  
800 W University Pkwy, MS120  
Orem, UT 84058

## Central Utah

13. **Utah State University - Ephraim**  
Testing Services  
325 West 100 North  
Ephraim, UT 84627
14. **Utah State University Eastern - Price**  
Testing Services  
451 East 400 North, Reeves Bldg., #114  
Price, UT 84501
15. **Snow College - Richfield**  
Testing Center  
200 South 800 West, Room 130 (Washburn)  
Richfield, UT 84701

## Southern Utah

16. **Utah State University Eastern - Blanding**  
Testing Center  
200 S. 576 W.  
Blanding, UT 84511
17. **Southern Utah University**  
Testing Services  
351 W University Blvd, 2nd floor ELC  
Cedar City, UT 84720
18. **Dixie State University**  
The Professional Testing Center  
46 South 1000 East  
St. George, UT 84770

TEST SITE INSTRUCTIONS